

July Snack Menu

WEEK 1 July 1-5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M. Snack	Whole Grain Cereal, Milk	Waffles w/ lite syrup, Milk	Whole Grain Cereal, Milk	Nutri-Grain Bars, Milk	Cheese Toast, Milk
P.M. Snack	Veggy Straws, Milk	Jello w/ fruit Milk	Ants on a log, Milk	Club Crackers, Milk	Wow Butter & Jelly Roll Ups, Milk

WEEK 2 July 8-12	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M. Snack	Whole Grain Cereal, Milk	Cinnamon Toast, Milk	Whole Grain Cereal, Milk	Bagels and Cream Cheese, Milk	Whole Grain Cereal, Milk
P.M. Snack	Nilla Wafers, Milk	Veggies and Dip, Milk	Animal Crackers, Milk	Fruit Cocktail, Milk	Goldfish & raisins Milk

WEEK 3 July 15-19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M. Snack	Whole Grain Cereal, Milk	Waffles w/ lite syrup, Milk	Whole Grain Cereal, Milk	Cheese Toast,, Milk	Whole Grain Cereal, Milk
P.M. Snack	Graham Crackers Milk	Applesauce Milk	String Cheese, Milk	Wheat Thins, Milk	Grilled Cheese Sandwiches, Milk

WEEK 4 July 22-26	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M. Snack	Whole Grain Cereal, Milk	Toast w/ Jelly, Milk	English Muffins w/ Jelly, Milk	Bagels and Cream Cheese, Milk	Whole Grain Cereal, Milk
P.M. Snack	Pears, Milk	Pretzels, Milk	Cheez Its, Milk	Apples, Milk	Quesadillas, Milk